



ACTION FOR
HEALTHY
KIDS 

AFHK School Health Index

Common Challenges and Actions to Advance Your Score!

Common Challenges

- No school health team or challenges coordinating meetings
- Teams that lack representation
- Challenges with maintaining a positive school climate



Actions to Advance Your Score

- » **Gathering a representative school health team is the first step.**
 - Use the WSCC model to ensure all champions are at the table.
 - Resource: [Gather Your Team](#) (Action for Healthy Kids)
 - Resource: [Building Representative School Health Teams](#) (Action for Healthy Kids)

- » **Organize meetings in a way that fosters an inclusive environment and supports the needs of members.**
 - Resource: [Guide to Leading School Health Team Meetings](#) (Action for Healthy Kids)

- » **Seek out small improvements you can make to foster a positive school climate and build from there.**
 - Establish an expectation that staff members to greet each student by name
 - Expect staff members to encourage students to ask for help when needed
 - Expect staff members to take timely action to solve problems reported by students or parents
 - Expect staff members to praise positive student behavior to students and their parents



Start small & celebrate success along the way!

Next Steps

- » If you haven't already, gather or build your team.
 - Resource: <https://www.actionforhealthykids.org/step-1/>

- » Complete the School Health Index in the Action for Healthy Kids School Portal with your school health team.
 - Resource: <https://www.actionforhealthykids.org/school-health-index/>

- » Use your results to develop an action plan. Identify strengths to build off and focus in on your areas of opportunity.
 - Resource: <https://www.actionforhealthykids.org/step-3/>

Resources and Support

- Digital Tools and Resources
 - Healthy Kids Blog
 - Events and Learning Opportunities
- ... and more!

Visit actionforhealthykids.org or email us at contactus@actionforhealthykids.org!





We are here to support you!

Reach out to contactus@actionforhealthykids.org for support!