

ACTION FOR HEALTHY KIDS

Learn how you can make a difference at actionforhealthykids.org

Our vision is a future in which every kid is healthy, active and ready to learn!

Action for Healthy Kids is a nationwide grassroots network mobilizing school professionals, families and communities to take actions that support the health of the whole child. By increasing access to healthy foods and physical activity, supporting social emotional learning, and engaging parents, caregivers and community members, together we can transform student health, well-being and learning. Through funding opportunities and programmatic support, we provide schools all the information and resources they need to implement successful and sustainable school health programs.

Whole Child Health

Integrating health and wellness into schools helps students form healthy habits for life and gives them an academic advantage. Our work supports key components of the Whole School, Whole Community, Whole Child (WSCC) model, a holistic approach to creating school environments that ensure children are safe, engaged, supported, challenged and healthy.



Tools for Schools

Game On

Our flagship program provides a framework, resources and activities for implementing successful school wellness programs. Paired with the CDC's School Health Index, it puts schools on the path to becoming health promoting.

School Grants and Programmatic Support

Our school grants provide funding and technical support to help schools improve physical activity and nutrition, start or expand school breakfast programs, and engage parents and caregivers in school health initiatives.

School Health Portal

Your one-stop shop for school health. Assess your school's health, apply for grants, and access helpful reporting tools. Find resources to engage volunteers and manage volunteer events.

Take Action

Learn

Visit our website to learn about the issues impacting schools and kids' health today. Join our webinars on a variety of school health topics or attend a local training for parents or school health teams, food service staff or community partners.

Help Your Child's School

Through online resources, trainings, workshops and more, we help parents and caregivers navigate school systems, start or expand school health projects, and become advocates for change. We also have resources to help families be healthy at home.

Fundraise

Ready for a 5K or maybe even a marathon? Run a premier race with us or host your own fundraising event to help us raise money to further our mission and impact the health of students nationwide.

Give

We can't do our work without the generosity of individuals, corporations and foundations. Our sponsors provide critical resources to help us transform school environments through grants and employee volunteerism.

Equation for Success

All kids must develop the lifelong habits necessary to become healthy, successful adults. In order for this to happen, schools, families and communities must commit to working together to build a culture that supports the health of the whole child.



TOOLS AND RESOURCES

Schools have access to a variety of tools and resources to support them in becoming health promoting.



PROGRAMS AND PRACTICES

Schools implement sustainable programs and practices that promote student health and well-being.



STAFF, FAMILY, STUDENT AND COMMUNITY ENGAGEMENT

Schools engage staff, families and communities to ensure impact and sustainability.

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EVERY KID HEALTHY

MARK YOUR CALENDAR Every Kid Healthy Week

Observed annually on the calendar of National Health Observances the fourth week of April, Every Kid Healthy Week celebrates school health and wellness accomplishments and raises awareness of the urgent need to support schools in creating healthy learning environments for all students. School staff, students, families, volunteers and community partners come together to host events at schools nationwide. Learn how you can support sound nutrition, regular physical activity and health-promoting programs in schools at everykidhealthyweek.org.

Join our network to ensure every kid is healthy, active and ready to learn!

55,000
Schools

140,000
Volunteers and
Champions

20 million
Children

JOIN THE
CONVERSATION!



Every kid healthy, active and ready to learn

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